



Winning the Battle of Your Mind

OFCC Virtual Bible Study

Pastor Kenneth Hollins

Name: _____

Date: _____

1. Fill in the Blank

According to Philippians 4:6, "Be _____ for nothing."

2. Multiple Choice

According to the lesson, the word **care** means:

- A. Being responsible
- B. Being worried or having a divided mind because of worry
- C. Working hard
- D. Being emotionally strong

3. True or False

According to this lesson, worry is a choice, even though we cannot always choose our circumstances. True / False

4. Matching

Match the replacements:

Worry → _____

Pressure → _____

Overthinking → _____

Choices: Worship, Prayer, Thanksgiving

5. Fill in the Blank

Prayer is not only asking God for things. It is _____.

6. Multiple Choice

Supplication means:

- A. Worshiping with music
- B. Reading the Bible
- C. Asking God for specific things
- D. Being silent before God

7. Fill in the Blank

Instead of complaining and worry, we should consciously choose _____ and _____.

8. Multiple Choice

Which of the following was listed as a cause of mindsets?

- A. Culture
- B. Family Background
- C. Past Experiences
- D. All of the above

9. Fill in the Blank

The Greek word **phroure** means to _____, _____, and _____ like a military garrison preventing hostile forces from breaking in.

10. Short Answer

According to the lesson, why is it important to think on the right things?

Memory Verse

Philippians 4:9 (KJV)

"Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you."